




RCES

This institution is an equal opportunity provider.

January 2018

Please see the website for menus and other key information.

Monday	Tuesday	Wednesday	Thursday	Friday
			January 4 Egg Casserole Cinnamon Sugar Panini Fruit / Juice / Milk Chicken Nuggets / BBQ Dipper Baked Beans /Peaches Scooby Doo Grahams Milk	5 Breakfast Pizza Fruit Juice / Milk Pancake on Stick Syrup Cup Hash brown / Ketchup Applesauce / Milk
8 PBJ Fruit Juice and Milk	9 French Toast Sticks w/Syrup Fruit Juice and Milk	10 Cereal (variety/choice) Toast w/ Jelly Fruit / Juice and Milk	11 Biscuit Sausage Gravy Fruit / Juice / Milk	12 Breakfast Pizza Fruit Juice / Milk
Cheese Quesadilla / Salsa Mixed Vegetables Mandarin Oranges Milk	Corn Dog Ketchup Cooked Carrots Pears /Milk	Popcorn Chicken Ketchup/Baked Beans Peaches Snickerdoodle /Milk	Mini Pizza Bagels Romaine Lettuce Salad w/carrots & dressing /Apple Wedges Milk	Bosco Stick Marinara Dunker / Peas Strawberries and Bananas Milk
NO School		16 Pancakes w/Syrup Fruit / Juice and Milk	17 Cereal (variety/choice) Toast w/ Jelly Fruit / Juice and Milk	18 Egg Casserole Cinnamon Sugar Panini Fruit / Juice / Milk
	15 Chicken and Noodles Steamed Broccoli Mandarin Oranges Milk	16 Pig in a Blanket / Ketchup Pickle Spears Baked Beans Peaches/Milk	17 Cheeseburger WG Bun Pickles/ Ketchup /Peas Mixed Fruit /Milk	19 Breakfast Pizza Fruit Juice / Milk Chili and Gold Fish Crackers Carrots / Dip Ridgefield Slushy Pumpkin Muffin /Milk
22 PBJ Fruit Juice and Milk	23 French Toast Sticks w/Syrup Fruit Juice and Milk	24 Cereal (variety/choice) Toast w/ Jelly Fruit / Juice and Milk	25 Biscuit Sausage Gravy Fruit / Juice / Milk	26 Breakfast Pizza Fruit Juice / Milk
Hot Dog on Bun Ketchup Cooked Carrots Mandarin Oranges/Milk	Salisbury Steak Whipped Potatoes /Gravy WG Roll / Dragon Punch Mixed Fruit /Milk	Chicken Tenders Waffle /Syrup Baked Beans Apple Wedges/Milk	Baked Potato / Margarine Cup Cheese Cup / Diced Ham Green Beans /Pears / Chocolate Chip Cookie /Milk	Bosco Stick Marinara Dunker Romaine lettuce Salad w/ Dressing Peaches/Milk
29 PBJ Fruit Juice and Milk	30 Pancakes w/Syrup Fruit / Juice and Milk	31 Cereal (variety/choice) Toast w/ Jelly Fruit / Juice and Milk	February 1 Egg Casserole Cinnamon Sugar Panini Fruit / Juice / Milk	2 Breakfast Pizza Fruit Juice / Milk
Chicken Nuggets / BBQ Dipper Baked Beans /Peaches Blueberry Muffin Milk	Cheese Pizza Carrots / Dip Strawberry Cup Milk	Breaded Chicken Patty Bun / Ketchup Steamed Broccoli Pickle Spears /Pears/Milk	Tiger Taco in an Edibowl Lettuce /Salsa/ Cheese Apple Wedge Milk	Pancake on a Stick Hash Brown/Ketchup Ridgefield Slushy Milk

Variety of Milk served with each meal

Reminder:
 You can deposit money into your students Food Service account through Skyward Family Access.

NOTE: There must be money on the student's account, if they only want to purchase a milk or juice. The School price Breakfast/Lunch - Free/Reduced meal comes with one drink. Any extras or students with lunch boxes must have money for a purchase. Milk/Juice = \$.50



Reliable Caring Cooks Undoubtedly #1

Growing Strong Healthy Tigers, one Meal at a Time!

-RCCU1 Food Service Department



Prices

Breakfast	\$2.00
Reduced	.30
Adult Breakfast	\$3.00
Lunch	\$2.60
Reduced	.40
Adult	\$4.00
EXTRA MILK	.50